

***Naturally Aligned Family Chiropractic, P.A.***  
**Adult Health Intake Form**

**Patient Name** \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_ Home phone \_\_\_\_\_ Cell \_\_\_\_\_  
Email (print clearly) \_\_\_\_\_  
Occupation \_\_\_\_\_ Employed by \_\_\_\_\_  
Single/Married/Divorced/Widowed (circle one) Partner's Name/Occupation \_\_\_\_\_  
No. of Children \_\_\_\_\_ ; Names/Ages \_\_\_\_\_  
Who may we thank for referring you? \_\_\_\_\_

**Addressing the issues that brought you to the office**

**Purpose for contacting us?** \_\_\_\_\_

If you experience pain, is it.....

- Sharp       Dull       Comes and goes       Travels       Constant

Since the problem started, is it:     About the same       Getting better       Getting worse

What makes it worse? \_\_\_\_\_ better? \_\_\_\_\_

Does it interfere with:     Work     Sleep     Walking     Sitting     Hobbies     Leisure

Check if you:                     Sit more than 4 hours per day     Drive for more than 2 hours per day  
    Construction or physical labor     Do repetitive motions throughout the day

Other doctors seen for this condition? (please list)

Chiropractor \_\_\_\_\_

Any previous chiropractic care? Y/N If yes, last adjustment? \_\_\_\_\_

Why did you quit? \_\_\_\_\_

Medical Doctor \_\_\_\_\_

Other \_\_\_\_\_

Please check all of symptoms you have ever had, even if they are not related to your current problem:

- |  |                                       |  |  |
|--|---------------------------------------|--|--|
| <input type="checkbox"/> Headaches             | <input type="checkbox"/> Back Pain    | <input type="checkbox"/> Fatigue         | <input type="checkbox"/> Dizziness         |
| <input type="checkbox"/> Neck Pain /Stiff neck | <input type="checkbox"/> Constipation | <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Fainting          |
| <input type="checkbox"/> Ringing in Ears       | <input type="checkbox"/> Diarrhea     | <input type="checkbox"/> Tension         | <input type="checkbox"/> Sleeping problems |
| <input type="checkbox"/> Numbness in limbs     | <input type="checkbox"/> Heartburn    | <input type="checkbox"/> Hot flashes     | <input type="checkbox"/> Problem urinating |

Do you take any drugs/medications/supplements? If so, please list : \_\_\_\_\_

Have you ever been hospitalized? If so, for what? \_\_\_\_\_

Have you ever had surgery? If yes, please list: \_\_\_\_\_

Have you ever had a fall - accident - injury? (circle). Please explain \_\_\_\_\_

*The statements made on this form are accurate to the best of my recollection and I agree to allow this office to examine me for further evaluation.*

Signature \_\_\_\_\_ Date \_\_\_\_\_